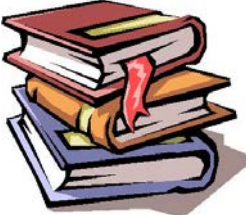







10:10 Programme

Michaelmas 2019-2020


Year 7 - Academic Enrichment

<p>From Page to Screen Monday 3-4 PM Week 1 and 2</p> 	<p>This is an option for all students, except Year 11, who enjoy books and films. Over the course of the Year, we will read extracts from famous novels and then look at clips from their film adaptations. We will learn how to write a good review, debate about how books were adapted and look at some of the marketing materials. It is also an ideal option for anyone interested in media.</p>
<p>Literacy Support Tuesday 3-4 PM Week 1 and 2</p>	<p>This is an option for KS3 students who feel as though they need further support with their general literacy. The sessions will build on the skills you are being asked to learn for your English Language knowledge organiser.</p>
<p>Handwriting Club Monday 3-4 PM Week 1 and 2</p>	<p>This is an option for students in Years 7 and 8, who would like to improve their handwriting in order to support them in lessons.</p> 
<p>Descriptive Writing Tuesday 3-4 PM Week 1 and 2</p>	<p>This is an option for all students, except Year 11, who enjoy writing and being creative. You will look at the ways stories are structured for different genres and by different writers. It is an opportunity to share your ideas in a safe environment.</p>
<p>Latin, Language and Culture Thursday 3-4 PM Week 1 and 2</p>	<p>This is an option for all students, except Year 11, who would like to develop a new skill at beginner's level, discovering the influence that Latin has had on our modern language.</p>
<p>KS3 Maths Homework Club and Support Wednesday 3-4 PM Week 1 and 2</p>	<p>This is an option for Year 7 and 8 students. Pupils can bring their homework to complete or discuss any questions they may have. In addition, students will go through knowledge and exam skills for this subject.</p> 
<p>Y7 Maths Club Thursday 3-4 PM Week 1 and 2</p>	<p>This option is for Year 7 targeted students who are not secondary-ready for whom we receive catch-up premium. Year 7 students will be invited to attend these sessions.</p>

Year 7 - Sports

<p>Yoga Wednesday 3-4 PM Week 1</p> 	<p>Yoga is open to all students except those in Years 11, and covers the basics of this increasingly popular activity. Yoga benefits both mental and physical wellbeing by ensuring that students have time to be peacefully active, and work on their posture and balance. This session is purely for workout and does not go against the Christian ethos of TBOWA.</p>
<p>Basketball Monday 3-4 PM Week 1 and 2</p>	<p>This is an option for all students, except Year 11, who enjoy basketball. There are some elements in the club where skills are practiced, with tournaments held each week to allow students to play competitive games. This is played in the Sports Hall and the Academy PE kit is required.</p>
<p>Girls-only Fitness Monday 3-4 PM Week 1 and 2</p>	<p>This is a fitness club aimed for all girls, except Year 11, that will focus on different ways to be healthy and get active. Activities will include boxing, circuits, rowing, Zumba and more. This will be held in the dance studio. Students need to be in their Academy PE kit (which includes leggings).</p>
<p>Football (Boys and Girls) Tuesday 3-4 PM Week 1 and 2</p>	<p>This option is for Year 7 students who enjoy football. Students will be put through their paces each week to develop their skills within the game. This is played outside on the field and the correct PE equipment is required. This includes boots, football socks, shorts and Academy polo shirt.</p>
<p>Badminton Tuesday 3-4 PM Week 1 and 2</p> 	<p>This option is open to all students, except Year 11. Students will learn the skills of badminton and understand how and when to apply them tactically in a competitive game situation.</p>
<p>Netball Thursday 3-4 PM Week 1 and 2</p>	<p>This option is open to all students, except Year 11. Students will learn the skills of netball and learn how to apply them tactically in a game situation. PE kit is compulsory for this option.</p> 

Year 7 - Arts, Creative and Other

<p>Table-top Games Thursday 3-4 PM Week 1</p> 	<p>This is open to all students in Years 7 and 8 who would like the opportunity to develop their strategic thinking skills. Students are welcome to bring their own table-top games, for example: card games, board games, role playing games or trading cards. Year 9 and 10 students may be invited to join this enrichment.</p>
<p>Book Club Tuesday 3-4 PM Week 1 and 2</p>	<p>This is an option for KS3 students who love to read. Over the year, we will look at a range of texts from different genres. It will improve your vocabulary, understanding of structure and cultural awareness.</p>
<p>Spanish Club Wednesday 3-4 PM Week 1</p>	<p>This is an option to students in Years 7 and 8. A variety of activities will be offered to engage students in building Hispanic cultural awareness and appreciation.</p>
<p>School Production Wednesday 3-4:30 PM Week 1 and 2</p>	<p>This is an auditioned option. This is an exciting opportunity to be part of the school production. This year we will be putting on Joseph and the Amazing Technicolour Dreamcoat during the first week of L2. Rehearsals will be from 3:00 -4:30. This is for band members as well as stage performers.</p>
<p>Vocal Group Monday 3-4 PM Week 1 and 2</p>	<p>This is an option for all students, except Year 11, who love to sing. We will be coming together to sing music from lots of different genres. Only a beginner? It doesn't matter how experienced you are. You will find a supportive atmosphere with opportunities to make new friends and perform in front of an audience.</p>
<p>Rock Group Tuesday during Lunch Week 1 and 2</p>	<p>This is an option for all students, except Year 11. This option is primarily guitar focused but is looking at a range of rock music. This option is open to all levels of musicians who want to develop their skills. It's a great opportunity to meet people in different Year groups with a similar interest.</p>
<p>Music Tech Club Thursday 3-4 PM Week 1 and 2</p>	<p>This is an option for all students, except Year 11. This option looks at what it means to be a technician. This option has a lot of exciting opportunities to be involved in the school play as well as other performances throughout the year. You will learn how to work the lighting and the sound desk, as well as help backstage. You will also look at logic in more depth and use the studio to create recordings. This is open to all skill levels.</p>
<p>Swing /Jazz Band Thursday 3-4 PM Week 1 and 2</p>	<p>This is an option for all students, except Year 11. This option will help you develop your skill as a musician. You will need to be able to read music. You can explore different genres and learn to play as a part of a group. This option is new to the Academy this year and is an exciting opportunity to develop your skill alongside other musicians.</p>
<p>KS3 Robotics Wednesday 3-4 PM Week 1 and 2</p>	<p>This is an option for all students, except Year 11. Learn how to build and program basic robots using BBC Microbits, Arduinos and more. This course combines software programming with electronics to make practical solutions to real life problems.</p>
<p>Knitting Wednesday 3-4 PM Week 1</p>	<p>This is an option to KS3 students. You will be learning how to knit. Knitting is calming, relaxing, and keeps us centred because of its repetitive rhythmic movements, which can help prevent and manage stress, pain and depression; this in turn strengthens the body's immune system.</p>

Year 7 - Enrichment Timetable

WEEK 1

	Monday 3-4 PM	Tuesday 3-4 PM	Wednesday 3-4 PM	Thursday 3-4 PM	Friday 2-3 PM
Academic	Handwriting club	Literacy support	KS3 Maths Homework club and support	Y7 Catch-up premium intervention	Friday No enrichments for Year 7
	From page to screen	Descriptive writing		Latin, language and culture	
Sport	Basketball	Football (Boys and Girls)	Yoga	Netball	
	Girls Only Fitness	Badminton			
Arts, Creativity and Other	Vocal Group	Book club	KS3 Robotics	Table top games	
		Rock Group (LUNCH)	Spanish Club School Production Knitting	Music Tech Club Swing/Jazz Band	

WEEK 2

	Monday 3-4 PM	Tuesday 3-4 PM	Wednesday 3-4 PM	Thursday 3-4 PM	Friday 2-3 PM
Academic	Handwriting club	Literacy support	KS3 Maths Homework club and support	Y7 Catch-up premium intervention	Friday No enrichments for Year 7
	From page to screen	Descriptive writing		Latin, language and culture	
Sport	Basketball	Football (Boys and Girls)		Netball	
	Girls Only Fitness	Badminton			
Arts, Creativity and Other	Vocal Group	Book club	KS3 Robotics	Swing/Jazz Band	
		Rock Group (LUNCH)	School Production	Music Tech Club	



'I came to give life - life in all its fullness.'