

School Closure Timetable

Key Stage Five

	Morning	Session 1 9:00-9:45	Session 2 9:45-10:30	Break 10:30-11:00	Session 3 11:00-11:45	Session 4 11:45-12:30	Lunch 12:30-13:00	Session 5 13:00-13:45	Session 6 13:45-14:30
Mon	<p>Keep a healthy routine.</p> <p>Get up at the same time each morning, get showered and dressed, and have a healthy breakfast.</p> <p>Check in with the family.</p>	Subject 1	Subject 1	<p>Get a healthy snack.</p> <p>Get up, walk around. Get some fresh air in the garden if possible.</p> <p>Offer to get your parents a drink or snack.</p>	Subject 2	UCAS/EPQ/ Unifrog/MOOC/ Log	<p>Have a piece of fruit with your lunch.</p> <p>Make sure you have had enough to drink today.</p>	Subject 3	<p>Personalised project</p> <p>Work on one of the super-curricular projects made available.</p> <p>Links are on the academy website and emailed to parents each week!</p>
Tues		Subject 3	Subject 1		Subject 1	PE Get some exercise!		Subject 2	
Wed		Subject 2	Subject 3		Subject 1	Subject 3		Subject 1	
Thurs		Subject 2	Subject 2		Subject 3	Subject 3		Subject 3	
Fri		Subject 3	Subject 1		Subject 2	Subject 2		PE Get some exercise!	