



# Sports

## BTEC Level 3 Extended Diploma

The BTEC Level 3 Extended Diploma in Sport is the equivalent to 3 A Level qualifications and is suitable for students who have an enthusiasm for studying sport and improving their sporting performance. This course focuses on student progression into industry with career specific placements available in a variety of areas.

### Core units

- Unit 1 - Anatomy and Physiology
- Unit 2 - Fitness Training programming for Health, Sport and Well Being
- Unit 3 - Professional Development in Sports Industry
- Unit 4 - Sports Leadership
- Unit 7 - Practical Sports Performance
- Unit 8 – Coaching for Performance
- Unit 9 – Research Methods in Sport
- Unit 19 – Development and Provision of Sport and Physical Activity
- Unit 22 – Business in Sport
- Unit 23 – Skill Acquisition

### Additional units

- Unit 5 - Application of Fitness Testing
- Unit 6 - Sports Psychology
- Unit 10 – Sports Event Organisation
- Unit 25 – Rules, Regulations and Officiating in Sport

### How will I learn?

The course will be delivered through practical and theoretical sessions to gain a full understanding of the content covered. Relative work experience is also encouraged.

### Where can I go after the course?

Careers: Sports Coaching; PE Teaching; Sports Journalism; Fitness Instruction; Armed Forces; Leisure Management; Physiotherapy.  
Further Education: Sports Science; Sports Development; Sport Performance and Coaching; Sport and Education; Physiotherapy.

### Entry Requirements

Standard 6th Form entry requirements.  
It is preferred that students have a minimum of a GCSE grade 5 or BTEC Merit at Level 2 in this or a related subject.

Equivalent to 3 A Levels.

### Assessment

This qualification is assessed via an external exam, external tasks and coursework. All assignments are graded as either Pass, Merit or Distinction.