



Sports

BTEC Level 3 National Diploma

The BTEC Sport Diploma is equivalent to 2 A Level qualifications and is suitable for students who have an enthusiasm for studying sport and improving their sporting performance. This course focuses on student progression into industry with career specific placements available in a variety of areas.

Core units

- Unit 1 - Anatomy and Physiology
- Unit 2 - Fitness Training programming for Health, Sport and Well Being
- Unit 3 - Professional Development in Sports Industry
- Unit 4 - Sports Leadership
- Unit 22 - Investigating Business in Sport and Active Leisure
- Unit 23 - Acquiring Skill in Sport

Additional units

- Unit 5 - Application of Fitness Testing
- Unit 6 - Sports Psychology
- Unit 7 - Practical Sports Performance

How will I learn?

The course will be delivered through practical and theoretical sessions to gain a full understanding of the content covered. Relative work experience is also encouraged.

Where can I go after the course?

Careers: Sports Coaching; PE Teaching; Sports Journalism; Fitness Instruction; Armed Forces; Leisure Management; Physiotherapy.
Further Education: Sports Science; Sports Development; Sport Performance and Coaching; Sport and Education; Physiotherapy.

Entry Requirements

Standard 6th Form entry requirements.
It is preferred that students have a minimum of a GCSE grade 5 or BTEC Merit at Level 2 in this or a related subject.

Equivalent to 2 A Levels.

Assessment

This qualification is assessed via an external exam, external tasks and coursework. All assignments are graded as either Pass, Merit or Distinction.