

## **MENU**

## Week Beginning [Monday 29th January]

## **BREAK**

MICHEAL ICEODAL MEDITEDDAL HIGHICDAL	MONDAY	<b>TUESDAY</b>	WEDNESDAY	<b>THURSDAY</b>
--------------------------------------	--------	----------------	-----------	-----------------

Cheese

Bacon Bap

Bean Melts

Pizza Bread

Toastie

r or

Ham & Cheese

Toastie Egg Bap

## **LUNCH**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spinach Pasta	Spaghetti Bolognaise or	Roast Chicken or Quorn Roast	Spicy Sausage Paella	Fish Cakes or Veggie Fingers
with Garlic Bread	Veggie Bolognaise	with Potatoes & Veg	with Veg	with Chips & Beans
Fruit or	Fruit or	Fruit or	Fruit or	Fruit or
Dessert	Dessert	Dessert	Dessert	Dessert

I came to give life - life in all its fullness

High Expectations - No Excuses



