

# The Bishop of Winchester Academy Sports Day 2024



I Came to Give Life — Life in all its Fullness

High Expectations — No Excuses



*Hello and welcome to the Bishop of Winchester Sports Day at Kings Park Athletics Stadium!*

*We hope you enjoy the day competing against and cheering on your peers. You will be competing for your mentor group and your year group so best of luck!*

*Please remember this is a fun day and if your name has been added in the programme under an event you will be expected to take part. If you are injured and need a replacement then please inform your Mentor.*

*Moreover, please ensure you arrive to your event at least 5 minutes early to warm up and register. Also, listen to the speaker system for updates and key information about the events.*

*We look forward to seeing you all compete later today.*

*The PE team*

### **Student registration and event procedure**

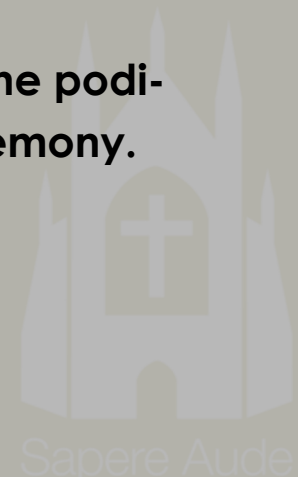
Please make sure you look at the timings of each event. You need to

arrive to your event at least 5 minutes before the start to register.

#### **What to do if you are in two events at the same time?**

- 1) Register at your field event first with the teacher official.
- 2) Complete your track event first
- 3) Return to your field event and complete your attempts and the official will record your score.
- 4) The top three finishers will each make their way to the podium immediately after their event for the medal ceremony.**

#### **Staff Info Sheet**



# Event Timings of the day– Track

1500m FINALS		
Start Time	Age Group	Boys/Girls
09:00	7	Boys 1&2
09:05	7	Girls 1&2
09:10	8	Boys 1&2
09:15	8	Girls 1&2
09:20	9	Boys 1&2
09:25	9	Girls 1&2
09:30	10	Boys
09:35	10	Girls
800m FINALS		
09:40	7	Boys 1&2
09:45	7	Girls 1&2
09:50	8	Boys 1&2
09:55	8	Girls 1&2
10:00	9	Boys 1&2
10:05	9	Girls 1&2
10:10	10	Boys
10:15	10	Girls
SPRINT HURDLES		
10:20	7	Boys 1&2
10:20	7	Girls 1&2
10:25	8	Boys 1&2
10:25	8	Girls 1&2
10:30	9	Boys 1&2
10:30	9	Girls 1&2
10:35	10	Boys 1&2
10:35	10	Girls 1&2
400m HEATS		
10:40	7	Boys 1&2
10:43	8	Boys 1&2
10:46	9	Boys 1&2
10:49	10	Boys 1&2
300m HEATS		
10:52	7	Girls 1&2
10:53	8	Girls 1&2
10:56	9	Girls 1&2
10:59	10	Girls 1&2

200m HEATS		
11:05	7	Boys 1&2
11:05	7	Girls 1&2
11:10	8	Boys 1&2
11:10	8	Girls 1&2
11:15	9	Boys 1&2
11:15	9	Girls 1&2
11:20	10	Boys 1&2
11:20	10	Girls 1&2
100m HEATS		
11:25	7	Boys 1&2
11:25	7	Girls 1&2
11:30	8	Boys 1&2
11:30	8	Girls 1&2
11:35	9	Boys 1&2
11:35	9	Girls 1&2
11:40	10	Boys 1&2
11:40	10	Girls 1&2
SPRINT HURDLES FINALS		
11:50	7	Boys
11:50	7	Girls
11:57	8	Boys
11:57	8	Girls
12:04	9	Boys
12:04	9	Girls
12:11	10	Boys
12:11	10	Girls

400m FINALS		
12:20	7	Boys
12:24	8	Boys
12:28	9	Boys
12:32	10	Boys
300m FINALS		
12:36	7	Girls
12:40	8	Girls
12:44	9	Girls
12:48	10	Girls
200m FINALS		
12:52	7	Boys
12:52	7	Girls
12:59	8	Boys
12:59	8	Girls
13:06	9	Boys
13:06	9	Girls
13:13	10	Boys
13:13	10	Girls
100m FINALS		
13:20	7	Boys
13:20	7	Girls
13:27	8	Boys
13:27	8	Girls
13:35	9	Boys
13:35	9	Girls
13:42	10	Boys
13:42	10	Girls

# Event Timings of the day– Track

<b>RELAYS (8 x 50m)</b>		
13:50	7	Mixed
13:55	8	Mixed
14:00	9	Mixed
14:05	10	Mixed
<b>REALYS (4 x 100m)</b>		
14:10	7	Boys
14:10	7	Girls
14:17	8	Boys
14:17	8	Girls
14:25	9	Boys
14:25	9	Girls
14:32	10	Boys
14:32	10	Girls
<b>14:40 STAFF RELAY</b>		
<b>14:50 – RESULTS</b>		
<b>15:00 – Finish</b>		
<b>All year groups to sit on the field in mentor groups for the final results.</b>		



# Event Timings of the day– Field

DISCUS		
Start Time	Age Group	Boys/Girls
09:00	10	Boys
09:30	10	Girls
10:00	9 (1 & 2)	Boys
10:30	9 (1 & 2)	Girls
<b>Hour Break</b>		
11:30	8 (1 & 2)	Boys
12:00	8 (1 & 2)	Girls
12:30	7 (1 & 2)	Boys
13:00	7 (1 & 2)	Girls

SHOT PUT		
Start Time	Age Group	Boys/Girls
09:00	7 (1 & 2)	Boys
09:30	7 (1 & 2)	Girls
10:00	8 (1 & 2)	Boys
10:30	8 (1 & 2)	Girls
<b>Hour Break</b>		
11:30	9 (1 & 2)	Boys
12:00	9 (1 & 2)	Girls
12:30	10	Boys
13:00	10	Girls

JAVELIN		
Start Time	Age Group	Boys/Girls
09:00	10	Boys
09:30	10	Girls
10:00	9 (1 & 2)	Boys
10:30	9 (1 & 2)	Girls
<b>Hour Break</b>		
11:30	8 (1 & 2)	Boys
12:00	8 (1 & 2)	Girls
12:30	7 (1 & 2)	Boys
13:00	7 (1 & 2)	Girls

LONG JUMP		
Start Time	Age Group	Boys/Girls
09:00	7 (1 & 2)	Boys
09:30	7 (1 & 2)	Girls
10:00	8 (1 & 2)	Boys
10:30	8 (1 & 2)	Girls
<b>Hour Break</b>		
11:30	9 (1 & 2)	Boys
12:00	9 (1 & 2)	Girls
12:30	10	Boys
13:00	10	Girls

HIGH JUMP		
Start Time	Age Group	Boys/Girls
09:00	8 (1 & 2)	Boys
09:30	8 (1 & 2)	Girls
10:00	7 (1 & 2)	Boys
10:30	7 (1 & 2)	Girls
<b>Hour Break</b>		
11:30	10	Boys
12:00	10	Girls
12:30	9 (1 & 2)	Boys
13:00	9 (1 & 2)	Girls

TRIPLE JUMP		
Start Time	Age Group	Boys/Girls
09:00	8 (1 & 2)	Boys
09:30	8 (1 & 2)	Girls
10:00	7 (1 & 2)	Boys
10:30	7 (1 & 2)	Girls
<b>Hour Break</b>		
11:30	10	Boys
12:00	10	Girls
12:30	9 (1 & 2)	Boys
13:00	9 (1 & 2)	Girls

# Current Academy Records– Track

EVENT	YEAR/SEX	RECORD	YEAR	
100m	Year 10 Boys	Isaac Smith	11.69 seconds	2017
	Year 9 Boys	Jack Watson	12.28 seconds	2023
	Year 8 Boys	Callum Campbell-Smith	12.44 seconds	2013
	Year 7 Boys	Jo Orchard	11.63 seconds	2013
	Year 10 Girls	Paris Sinclair	14.13 seconds	2013
	Year 9 Girls	Rachel Welch	13.15 seconds	2011
	Year 8 Girls	Jessie Mantle	14.22 seconds	2013
	Year 7 Girls	Cerys Meacher	14.23 seconds	2013

200m	Year 10 Boys	Tom Pringle	25.91 seconds	2013
	Year 9 Boys	Jordan Knight	25.00 seconds	2013
	Year 8 Boys	Ryan Wiles	24.53 seconds	2015
	Year 7 Boys	Josh Holes	28.06 seconds	2013
	Year 10 Girls	Keturah Crease	31.72 seconds	2023
	Year 9 Girls	Rachel Welch	26.66 seconds	2011
	Year 8 Girls	Ruth Moyano Rios	27 seconds 2017	2013
	Year 7 Girls	Tori Pain	31.0 seconds	2017

300m	Year 10 Girls	Victoria Harris	51.34 seconds	2015
	Year 9 Girls	Mia Williams	52.08 seconds	2023
	Year 8 Girls	Keelie Knight	51.47 seconds	2015
	Year 7 Girls	Amy Hartfield	46.21 seconds	2015

400m	Year 10 Boys	Leo Taylor	60 seconds	2023
	Year 9 Boys	Tyreece Smith	60 seconds	2015
	Year 8 Boys	Brandon Etheridge	64 seconds	2015
	Year 7 Boys	Brandon Channel	66 seconds	2015

800m	Year 10 Boys	Sebastian Spencer-Perkins	2 minutes 32 seconds	2017
	Year 9 Boys	Frederik Kolbucaj	2 minutes 38 seconds	2023
	Year 8 Boys	Pietro Lacerda	2 minutes 37 seconds	2023
	Year 7 Boys	Harry Purches	2 minutes 36 seconds	2023
	Year 10 Girls	Jade Moore	3 minutes 8 seconds	2017
	Year 9 Girls	Hannah Shane	3 minutes 1 seconds	2023
	Year 8 Girls	Anya Sandell	2 minutes 51 seconds	2017
	Year 7 Girls	Keeley Vivian	3 minutes 42 seconds	2017

1500m	Year 10 Boys	Ilyas Abbou	5 minutes 5 seconds	2023
	Year 9 Boys	Jack Watson	5 minutes 2 seconds	2023
	Year 8 Boys	Jamal Baxter	5 minutes 26 seconds	2017
	Year 7 Boys	Taylor Edwards	5 minutes 40 seconds	2015
	Year 10 Girls	Loren Crawford	7 minutes 11 seconds	2017
	Year 9 Girls	Hannah Shane	6 minutes 4 seconds	2023
	Year 8 Girls	Anya Sandell	5 minutes 59 seconds	2017
	Year 7 Girls	Keeley Vivian	7 minutes 2 seconds	2017

# Current Academy Records– Field Throws

DISCUS	Year 10 Boys	Alec Kelly	10m 98	2015
	Year 9 Boys	Malachi Richards	10m 65	2015
	Year 8 Boys	Bence Buda	9m 40	2015
	Year 7 Boys	Isaac Bowen	8m 50	2023
	Year 10 Girls	Saffron Slater	8m 68	2015
	Year 9 Girls	Cerys Matthews	8m 10	2015
	Year 8 Girls	Lillie Appleton	7m 30	2023
	Year 7 Girls	Darcie Oag	6m 80	2023
SHOT PUT	Year 10 Boys	Alec Kelly	10m 98	2015
	Year 9 Boys	Malachi Richards	10m 65	2015
	Year 8 Boys	Bence Buda	9m 40	2015
	Year 7 Boys	Isaac Bowen	8m 50	2023
	Year 10 Girls	Saffron Slater	8m 68	2015
	Year 9 Girls	Cerys Matthews	8m 10	2015
	Year 8 Girls	Lillie Appleton	7m 30	2023
	Year 7 Girls	Darcie Oag	6m 80	2023
JAVELIN	Year 10 Boys	Miles Young	27m 38	2017
	Year 9 Boys	Toby Crofts	32m 88	2011
	Year 8 Boys	Oliver Abrahams	25m 30	2011
	Year 7 Boys	Ethan McLean	20m 35	2015
	Year 10 Girls	Keilie Knight	16m 22	2017
	Year 9 Girls	Gloria Palopalo	12m 69	2015
	Year 8 Girls	Chelsea Sheppard	14m 12	2013
	Year 7 Girls	Luaren Tumdale	12m 17	2015

# Current Academy Records– Field Jumps

LONG JUMP	Year 10 Boys	Tom Pringle	5m 25	2013
	Year 9 Boys	Taylor Edwards	5m 0	2017
	Year 8 Boys	Declan Foster	4m 50	2013
	Year 7 Boys	Robin Thompson	4m 44	2013
	Year 10 Girls	Rhiannon Marshall-Blomley	4m 10	2013
	Year 9 Girls	Rachel Welch	4m 33	2011
	Year 8 Girls	Mairin Doe	3m 53	2011
	Year 7 Girls	Mia Spittles	3m 86	2013

TRIPLE JUMP	Year 10 Boys	Callum Johnson	12m 0	2017
	Year 9 Boys	Freddy Moberly	10m 15	2013
	Year 8 Boys	Harry Westwood	11m 50	2023
	Year 7 Boys	Dylan Fox-Burke	8m 30	2015
	Year 10 Girls	Naiya Sokker	10m 40	2023
	Year 9 Girls	Hannah Parish	9m 10	2017
	Year 8 Girls	Lola Ktisti	8m 40	2023
	Year 7 Girls	Verity Burrows	7m 35	2023

HIGH JUMP	Year 10 Boys	Oliver Jenkins	1m 45	2015
	Year 9 Boys	Tyreece Smith	1m 45	2015
	Year 8 Boys	Tyler Tiller	1m 41	2017
	Year 7 Boys	James Stocker	1m 32	2015
	Year 10 Girls	Ester Cooke	1m 25	2015
	Year 9 Girls	Molly Gater	1m 17	2017
	Year 8 Girls	Natalie Seymour	1m 35	2015
	Year 7 Girls	Molly Gater	1m 10	2015