



MENU

Week Beginning [Monday 7th of October]

BREAK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Cheese Toastie or Ham & Cheese Toastie	Sausage Bap or Egg Bap	Bean Melts	Pizza Bread

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mac & Cheese with Garlic Bread	Sweet 'n Sour Chicken or Sweet 'n Sour Veggie with Rice	Roast Gammon or Quorn Roast with Potatoes & Veg	Beef Lasagne or Veggie Lasagne with Salad	Chicken Burgers or Veggie Fingers with Chips & Beans
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Fruit or Dessert	Fruit or Dessert	Fruit or Dessert	Fruit or Dessert	Fruit or Dessert



I came to give life - life in all its fullness

High Expectations - No Excuses

