



Sapere Aude

Activities Week 2026





Information for Parents/Carers

Dear Parent/Carer,

We are excited to announce that Activities Week will be returning in 2026 from **Monday 6th July—Friday 10th July!** This special week is designed to engage students in a variety of fun and educational activities that foster teamwork, creativity, and personal growth. From interactive workshops to outdoor challenges, there will be something for every student to enjoy. We encourage you to support your child’s participation in this exciting week, as it provides a wonderful opportunity for them to build new skills, make lasting memories, and bond with their peers. We look forward to a week filled with enthusiasm and learning!

Activities Week Schedule:

This schedule details the activities that will be running each day for students throughout the week.

W/C 06/07/26	Monday 06.07	Tuesday 07.07		Wednesday 08.07	Thursday 09.07		Friday 10.07
Year 7	Normal Academy Day & Eggheads Period 5	Marwell Zoo	Department Led Activities	TBOWA Activity Day	Department Led Activities & Sponsored Walk		Sports Day
Year 8	Normal Academy Day & Eggheads Period 6	Chessington			Dorset Adventure Park New Forest Activities	Department Led Activities	
Year 9	Normal Academy Day	Department Led Activities & Sponsored Walk					
Year 10							

Monday 6th July: All students will be following their normal timetable. Year 7 and 8 will participate in a lesson for the Eggheads Challenge.

Tuesday 7th July: The Year 7 and 8 Year Group Rewards Trips will take place. Students in the Bishop 100 will be invited and parents will receive communication with further information. Students that are not attending their Year group trip will be attending our Department Led Activities which are detailed in the booklet on pages 26 –31. Year 9 & 10 students will complete their Sponsored Walk which will take place on TBOWA’s cross country trail and will also be attending Department Led Activities in their remaining lessons.

Wednesday 8th July: The TBOWA activity day will include 33 activities on offer to students to choose from. More information on the choice process will be covered on page 3.

Thursday 9th July: The Year 9 and 10 Year Group Rewards Trips will take place. Students in the Bishop 100 will be invited and parents will receive communication with further information. Students that are not attending their Year group trip will be attending our Department Led Activities which are detailed in the booklet on pages 26 –31. Year 7 & 8 students will complete their Sponsored Walk which will take place on TBOWA’s cross country trail and will also be attending Department Led Activities in their remaining lessons.

Friday 10th July: All students will be attending Sports Day. This will take place at Kings Park Athletics Stadium. More information on this day will follow in due course from the PE team.



Information for Parents/Carers

Daily arrangements for student activities:

During Activities Week, it is important that students feel confident of where they need to be each day. Students will receive personalised timetables for the week to support their organisation.

TBOWA Activities Day (Wednesday 8th July):

During our Activities Day, students will be expected to arrive at 8.30am for mentor time. Students will attend mentor time from 8.30am—8.55am. Please note that certain offsite activities may require students to meet in the rose garden before or at 8.30am. This information will be displayed on your child's timetable and communication will be emailed home prior to the day.

Mentor time will give students an opportunity to ask any last minute questions to their mentor to ensure they are arriving to the correct activities on time. Students will follow their personalised timetables which will show the activity and rooming/meeting point. The activity timings will align with the academy day and all onsite activities will finish at 3.30pm. **Please note that offsite activities may return to the academy after 3.30pm.** If your child is allocated an offsite activity, further information and details of the trip will be communicated in due course.

Year Group Trips/Department Activities:

Students in the Bishop 100 will be invited to their Year Group Trip. Parental communication will provide further details of the trip alongside the cost and payment deadlines. Students attending their Year Group Rewards Trips will receive information in due course on the timings and meeting place. **Please be aware that trips will require students to be onsite before 8.30am and will return to school after 3.30pm.** If your child is not attending their Year Group Trip, and attending the Department Led activities, they will be expected to arrive at 8.30am for mentor time and will follow the normal academy timings throughout the day using their personalised timetable as a guide.

Sponsored Walk/Department Activities:

Students will follow the normal academy timings. Each year group have been allocated a lesson when they will complete their Sponsored Walk. Students will have an opportunity in mentor groups to raise money for Bournemouth Heart Club (more information detailed on Page 32). Students will have five lessons of Department Led Activities during the day.

Lunch Time Arrangements:

During Activities Week, students onsite will have lunch available at the academy as usual. They have the option of a hot lunch in the canteen or to bring a packed lunch. If your child is attending an offsite activity, they may be required to bring a pack lunch with plenty of water. More information will be communicated for each offsite trip/activity in due course. **If your child receives a free school meal, arrangements will be made for a lunch to be provided for your child.**



Information for Parents/Carers

TBOWA Activities Day (Wednesday 8th July)

We are pleased to inform you that there is a wider range of activities on offer to students for 2026. We have endeavoured to provide something for everyone as well as aiming to keep activities either free or good value.

Before students start to make their decisions, it is important that you and your child take the time to read through the following points below.

What do I need to know before I make my TBOWA activities selections?

- The deadline for submitting your child's choices is **Friday 30th January**.
- Students must choose their options based on their interests and desire to try something new and not just because of their friendship group.
- Students will have 10 activity selections in total. Our aim is to give students as many of their chosen activities as possible.
- Students will be allocated activities that fill the full academy day. Up to 6 activities will be allocated, dependent on their length of time.
- Certain activities have limited capacity. In the event of more students opting for an activity than places available, a random draw will take place for fairness.
- Some activities require a financial cost which will require a payment following the allocations.
- **Students are not able to change their selections following the form submission.**

How to select and submit your choices?

In order to make your selections, please complete the Microsoft choice form below. In the form, you will also be required to submit medical information and parental consent for your child. If your child has selected an offsite or adventurous activity, there will be a additional consent to sign within the form. Please can I ask for you to read the information carefully before submission.

[Activities Week Choice Form 2026 – Fill out form](#)

Forms must be completed by **Friday 30th January** in order for allocation of choices and payment schedules to be established at the earliest point.

If students do not complete the activity choice form, they will be allocated free available onsite activities to attend.



Information for Parents/Carers

Payments

As there are over 800 students to accommodate across a range of activities, we hope that you will appreciate the requirements for the following arrangements to be in place.

- All ScoPay payments for activities with a financial cost must be made by the deadlines given.
- If your child has been allocated an activity that requires a cost, you will be required to make full payment to secure that place. If payment deadlines are missed, the place will be offered to another student on the waiting list.
- All payments must be made on ScoPay.
- All payments made for activities are **non-refundable**.
- Total costs of activities may include transport as well as the cost of the activity.
- Once student allocations have been shared, all total payments for Wednesday activities deadline: **Monday 13th April at 8am.**

Student Expectations:

It is extremely important that this week is as enjoyable and beneficial as possible for our students therefore all students must adhere to guidelines below in order to allow Activities Week to run successfully. Please read the following guidelines with your child.

All students are expected to:

- Behave in accordance with Academy expectations and follow staff instructions at all times.
- Respect one another and treat others as they would hope to be treated.
- Respect the facilities and equipment as well as activity leaders who are helping to run Activities Week. Any damage to property or equipment will be charged.
- Students arrive on time to all activities. Offsite trips/activities will depart at a scheduled departure time with any students late being re-allocated to an alternative activity.
- Students attending offsite visits must have their **TBOWA school bag, lanyard and student ID card.** (Students will not be allowed to attend their trip(s) without these).

Please note that any time prior to Activities week, the Academy reserve the right to withdraw your child from their activity if they are in breach of Academy behaviour policy or behave in any way in which could endanger the health and safety of themselves or others.



TBOWA

Activity Day

Tank Museum

The Bovington Tank Museum trip is returning. Students will get the chance to take part in three workshops:

- World War One Tank experience
- Tommy in the Trenches
- Medicine on the Western Front

Year group: 7—10 (preference given to Y8)

Location: Bovington Tank Museum

Activity length: Full Day

Cost: £19.50 (travel included)

Maximum spaces: 40



Escape Room



The Live Escape Game. Can you crack one of Clue HQ escape rooms; Bunker 38, The Betrayal of Cluetankhamun or Cell block C. In this fast-paced escape room experience, you and your team will uncover clues, solve riddles and break ciphers. Expect unexpected twists, creative problem-solving, and plenty of “aha!” moments. Whether you’re a puzzle master or just love a challenge, this activity guarantees excitement, teamwork, and an unforgettable adventure.

Year Groups: 7—10

Location: Clue HQ Bournemouth Glen Fern Road

Activity length: 2 lessons

Cost: £25 (travel included)

Maximum Spaces: 30



TBOWA

Activity Day

Go Ape

Go Ape's Tree Top Challenge is back! Students will experience an adrenaline thrilled high ropes adventure providing a fantastic physical and mental challenge. Our supportive staff will encourage students alongside the guides at Moors Valley. *(Please note, students taking part in this activity should feel confident with heights).*

Year Groups: 7—10

Location: Moors Valley

Activity length: Half day

Cost: £28 (travel included)

Maximum Spaces: 60



London Dungeons & London Eye



Pupils will experience an immersive journey through London's dark, gruesome and intriguing history, using live actors, special effects and themed sets. Also included is a ride on the London Eye, taking in the stunning panoramic views of London's skyline.

Year Groups: 7—10

Location: London

Activity length— Full day

Cost: £54 (travel included)

Maximum Spaces : 34



TBOWA

Activity Day

Alpine Snow Sports

We are extremely pleased to offer Alpine Snow Sports at Snowtrax again this year. Students have the opportunity to experience the thrill of skiing on a dry slope as well as trying out the Ringos. It's a fantastic way for students to learn new skills from an instructor and have fun in a safe, controlled environment. Whether they are complete beginners or looking to refine their techniques, students will enjoy a unique and exhilarating experience.

Year Groups: 7–10

Location: SnowTrax, Matchams

Activity length: Half day

Cost: £28 (travel included)

Maximum Spaces: 40



NEW

Padel & Pickleball



Try two of the world's fastest-growing racket sports at PicklePad! Receive racket hire and coaching. **Padel tennis** mixes the best of tennis and squash, with long rallies, quick reactions, and loads of teamwork. **Pickleball** is easy to pick up, super social, and perfect for all skill levels. Whether you're competitive or just want to have a laugh, come give them a smash!

Year Groups: 7–10

Location: PicklePad, Mundeford

Activity length: 2 lessons

Cost: £22.50 (travel included)

Maximum Spaces: 45



TBOWA

Activity Day

West End Theatre Day

NEW

An awe-inspiring, all-round musical theatre workshop at a London dance studio, covering acting, singing and dance. Students will experience the enchanting world of *Wicked* through performance skills and techniques used in the staging of the show. The workshop focuses on storytelling and acting through song whilst exploring themes, characters and stories from the musical to allow a unique and exciting opportunity to be part of the global musical phenomenon. Led by two practitioners (musical director and choreographer), this workshop develops students' understanding of performing in musical theatre and the combined skills of acting, singing and dancing.



Following lunch, students will then be able to watch and fully immerse themselves in the Matinee performance of the London West end performance of 'Wicked.'

**Please note—students taking part in this activity should feel confident in performing (singing, dancing, acting) in front of others in a workshop.*

Year Groups: 7—10

Location: London

Activity length: Full Day

Cost: £64 (travel included)

Spaces : 30



TBOWA

Activity Day

Fit2Box

We are very excited that Fit2Box will be running again this year! This dynamic session will introduce students to the fundamentals of Boxing and Muay Thai Kickboxing in a fun and engaging way. Students will have the opportunity to learn technical skills, pad work, bag work and team-work.

Year Groups: 7—10

Location: Fit2Box, Gym Castle Lane

Activity length: 2 Lessons

Cost: £6

Maximum Spaces: 32



NEW

Crystal Challenge



Dorset Adventure Sports brings this engaging team building event consists of 4 themed zones, Aztec, Medieval, Industrial and Futuristic. Each zone will feature 3 themed team building challenges with 12 in total to complete. This requires mental, physical and skill to solve. From building a medieval catapult to solving ancient Aztec puzzles, we have a huge amount of crystal maze games. You'll be sure to rely on one another to get the task done in the quickest time possible!

Year Groups: 7—10

Location: The Bishop of Winchester Academy

Activity length: 2 Lessons

Cost: £16.50

Maximum Spaces: 120



TBOWA

Activity Day

Judo Masterclass

We are very fortunate to have Nokémono Judokwai returning to the Academy to lead an introduction to Judo. This session will introduce students to the basic techniques and principles of Judo. Judo is a fantastic way to promote physical fitness, discipline, and confidence in a supportive and fun environment.

Year group: 7—10

Location: The Bishop of Winchester Academy

Activity length: 1 Lesson

Cost: £3.50

Maximum Spaces: 40



Rock Climbing



A very popular activity, Highline adventures will be returning again with their mobile climbing wall. Students will gain experience in climbing with ropes and belay techniques. This is suitable for beginners or more advanced climbers.

Year Groups: 7—10

Location: The Bishop of Winchester Academy

Activity length: 1 Lesson

Cost: £12

Maximum Spaces : 120



TBOWA

Activity Day

Inflatables Challenge

Human Table Football, Bungee Run and Sumo suits are the inflatable activities on offer from Dorset Adventure Sports. This fun-filled session will feature a range of inflatable games and challenges, offering students the chance to race, compete and battle in a lively and energetic environment.

Year group: 7—10

Location: The Bishop of Winchester Academy

Activity length: 1 Lesson

Cost: £8.50

Maximum spaces: 120



The Great Bishop Bake Off



Do you enjoy baking? The Great Bishop Bake Off returns following the success of last year. Students will have the opportunity to make 4-6 cupcakes and decorate them with a range of icings and toppings. Who will be the star baker of the day?

Year Groups: 7—10

Location: The Bishop of Winchester Academy

Activity length: 2 Lessons

Cost: £3.50

Maximum Spaces : 78



TBOWA

Activity Day

Clay Sculpture

Are you creative and love sculpture? Whether you're a beginner or have some experience, you'll get to shape, mould, and craft your very own clay creations. From pots to figurines, there are endless possibilities for you to express your imagination.

Year Groups: 7—10

Location: The Bishop of Winchester Academy

Activity length: 2 Lessons

Cost: £5

Maximum Spaces : 60



Jewellery Making



You can learn how to create beautiful pieces using beads and thread! Students will explore combining beads, thread and other embellishments to make a bracelet or necklace of their choice. It is a fun and relaxing way to get creative and express your style. Students will be able to make either a bracelet, necklace or phone charm.

Year Groups: 7—10

Location: The Bishop of Winchester Academy

Activity length: 1 Lesson

Cost: £1.00



TBOWA

Activity Day

Samba Workshop

Join in with the musical party that is Samba drumming! Our experienced drum tutor will show you how to perform in this exciting Brazilian musical style, ending with a live performance to bring the Carnival to TBOWA!

Year Groups: 7–10

Location: The Bishop of Winchester Academy

Activity length: 2 Lessons

Cost: Free!

Maximum Spaces : 96



Danceathon



Mrs White returns to teach choreography to the latest pop sensation! Feel the beat pulse through you as you master slick moves and vibrant routines that will have everyone's attention. Whether you're a seasoned dancer or a total newbie, it's all about having fun, moving with confidence, and showing off your skills.

Get ready to dance your heart out!

Year Groups: 7–10

Location: The Bishop of Winchester Academy

Activity length: 2 Lessons

Cost: Free!



TBOWA

Activity Day

Treasure Hunt

Scour the school looking for treasure! Working together in teams you will be set a series of challenges and have to find hidden objects. It's a race against time and the opposition!

Year groups: 7—10

Location: The Bishop of Winchester Academy

Activity length: 1 Lesson

Cost: Free!



Orienteering



Orienteering is an excellent outdoor sport, that involves completing a course by following a map. This activity is for people who love the outdoors, are competitive and enjoy a challenge. This will involve walking to Queen's Park golf course and competing over a section of the orienteering course. Participants will be developing compass, map reading and problem-solving skills whilst competing over the course.

Prizes will be awarded to the best teams.

Year Groups: 7—10

Location: Queen's Park

Activity length: 2 Lessons

Cost: Free!



TBOWA

Activity Day

Sewing Bee

Come and have a go at learning a new skill to create a small craft to either keep yourself or give away as a gift. Students will learn how to focus and be accurate using a sewing machine as well as have fun within a very social atmosphere. Beginners are very welcome.

Year Groups: 7—10

Location: The Bishop of Winchester Academy

Activity length: 2 Lessons

Cost: Free!

Maximum Spaces : 36



Ultimate Frisbee



Experience one of the fastest field sports in the world! Look cool at the beach and impress your friends and strangers alike by learning to throw a frisbee in cool and unique ways. Working together in pairs to practice the throws and then moving into teams and playing games to see who can apply their new skills to 'in game' situations.

Year Groups: 7—10

Location: The Bishop of Winchester Academy

Activity length: 1 Lesson

Cost: Free!



TBOWA

Activity Day

Football Academy

After a successful first year we are back again. The aim of this is to engage in some skill development activities and then challenge yourself in some small sided enjoyable games. Sadly there will be no champions league trophies given out but a fun time none the less.

Year Groups: 7—10

Location: The Bishop of Winchester Academy

Activity length: 1 lesson

Cost: Free!



Lego Legends



Lego Legends will give you the opportunity to be creative and practice your problem solving. During the session you will be asked to create models using a random pile of bricks. There may be prizes for the best models!

Year Groups: 7—10

Location: The Bishop of Winchester Academy

Activity length: 1 lesson

Cost: Free!



TBOWA

Activity Day

Chess Champions

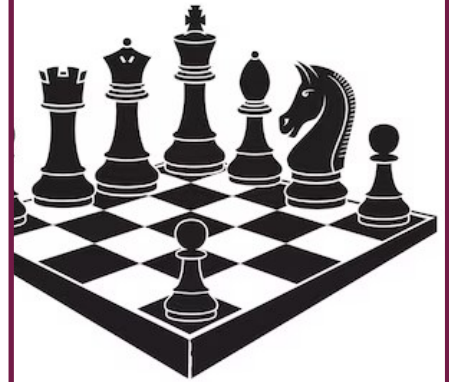
Chess Champions is back! Suitable for beginners or advanced players, pupils can pit their wits against each other in this ultimate game of patience and resilience. Remember—every grand master was once a novice.

Year Groups: 7–10

Location: The Bishop of Winchester Academy

Activity Length: 1 lesson

Cost: Free!



Enterprise Project



Using computers at school, have you got good ideas about how to renovate and re-furbish a run-down shop?

Choose a new theme for a shop and complete a total renovation!

Year Groups: 7–10

Location: The Bishop of Winchester Academy

Activity length: 2 lessons

Cost: Free!



TBOWA

Activity Day



Mix Media Drawing Workshop

Come and take part in exploring some drawing techniques using mix media to create some fun and interesting outcomes. The sessions will be about working big and being creative with the brief. There will be multiple different materials to work with to help create something collaboratively.

Year Groups: 7—10

Location: The Bishop of Winchester Academy

Activity length: 2 Lessons

Cost: Free!



Knit & Natter (or crochet...)



Whether you are an expert or brand new to knitting or crochet you are very welcome. You can bring your own tools, materials or patterns to this session if you have them but we have plenty to share if you have never tried these crafts before. Students returning for a second time will have the chance to create something new.

Year groups: 7—10

Location: The Bishop of Winchester Academy

Activity length: 2 Lessons

Cost: Free!



TBOWA

Activity Day

Netball Tournament

Come and join Miss Hawkins and Miss Osborne, everyone is welcome for 2 hours of fun, teamwork and friendly competition. Bring your friends and form a team, or come on your own and make new ones! All abilities are welcome—whether you've played before or are completely new to the game. We can't wait to see you there!

Year Groups: 7—10

Location: The Bishop of Winchester Academy

Activity length: 2 Lessons

Cost: Free!



Origami 折り紙,



The goal is to transform a flat square sheet of paper into a finished sculpture through folding and sculpting techniques.

The five benefits of Origami

Reduces stress, boosts creativity, improves hand eye coordination, enhances patience and perseverance through mindfulness.

Year Groups: 7—10

Location: The Bishop of Winchester Academy

Activity length: 1 Lesson

Cost: Free!



TBOWA

Activity Day

Murder Mystery

A new murder has been committed and you will team up with other detectives to solve the case. There are a range of suspects who need investigating and an array of evidence that requires a keen-eye and attention to detail. Teamwork is of the essence here and the clock is ticking can you work out “Who dunnit?!”

Year Groups: 7—10

Location: The Bishop of Winchester Academy

Activity length: 2 Lessons

Cost: Free!



Multi-Sports



This course has been designed to cater for an introduction into the widest possible range of interests and will cover a broad selection of outdoor sports. Students will have opportunity to experience sports outside of their normal curriculum.

Year Groups: 7—10

Location: The Bishop of Winchester Academy

Activity length: 1 Lesson

Cost: Free!



TBOWA Activity Day

Photography

Unlock your creative potential in our hands-on Photography Workshop! You will be using the DSLR cameras to take images with opportunities to edit on Photopea. You can also do some physical manipulation with these images to bring them to life!

Year Groups: 7–10

Location: The Bishop of Winchester Academy

Activity length: 2 Lessons

Cost: Free!



The TBOWA Express



Join the TBOWA journalism team! If you have a passion for writing, reporting or storytelling then help us report on all the exciting events that are happening during activities week. Develop your oracy skills and gain some experience in the world of journalism.

Year Groups: 7–10

Location: The Bishop of Winchester Academy

Activity length: 1 Lesson

Cost: Free!



Activities week Snapshots

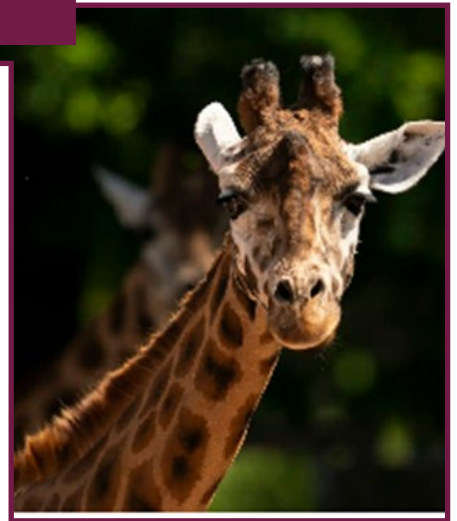




Year Group Trips

Year 7 Marwell Zoo

We are thrilled to inform you that Year 7 students in the Bishop 100 will be invited to secure their place on this exciting trip to Marwell Zoo. This visit will provide students with the opportunity to explore a wide variety of wildlife, enhancing their understanding of animal conservation and biology in a hands-on and engaging way. It promises to be an educational and enjoyable day, allowing students to connect their classroom learning with real-world experiences. We are looking forward to a memorable trip filled with discovery and adventure!



Year 8 Chessington



Year 8 students in the Bishop 100 will have the chance to go to Chessington World of Adventures for an action-packed day of fun and adventure! This trip will offer students the chance to explore the park's thrilling rides, attractions, and animal exhibits. It will be a fantastic opportunity for students to enjoy a day of excitement while making memories and strengthening friendships. We are looking forward to a day full of learning, laughter and adventure for all!



Year Group Trips

Year 9 Dorset Adventure Park

Year 9 students in the Bishop 100 will be invited to take part in a thrilling trip to Dorset Adventure Park! This action-packed outing will allow students to engage in the epic mud trail and test themselves on two inflatable water obstacle courses. These activities are designed to build confidence, teamwork and resilience. The trip will provide a unique opportunity for students to step outside the classroom and push themselves in a fun and supportive environment. We look forward to a day of adventure, personal growth and unforgettable experiences for all involved.



Year 10 New Forest Activities



We are pleased to announce that Year 10 students in the Bishop 100 will have the opportunity to attend the New Forest Activities trip for an exciting day of outdoor adventure! This trip will offer students the chance to participate in canoeing and the ropes course. This includes low ropes challenges and optional high ropes. These activities are designed to challenge their skills and foster a spirit of collaboration. The experience will not only be a fun and memorable day but also an opportunity for students to develop their confidence, resilience and teamwork in a beautiful natural setting. We are looking forward to a fantastic day of learning and adventure!



Department led activities

English: Stranger Sagas

Imagine the moment when your imagination sparks, when you realise that in just 100 words you can create suspense, unravel a mystery or turn a real world upside down. That's the magic of Stranger Sagas. Enter our competition, to engage, excite and learn essential skills, while making story telling fun. Unleash your creativity!



Maths: Sundials and Exploring Time



In this fun and hands-on activity, you'll get the chance to learn about the history of timekeeping, the movement of the sun, and how sundials work. By building your own sundial, you'll not only explore the scientific concepts of how shadows change throughout the day, but you'll also see how people used to tell time before clocks were invented!



Department led activities

Religious Studies: Design a place of worship

In groups you will use your RS knowledge to build a place of worship using materials available. This will need to include specific features and your learning from RS.



Geography: Earthquake Survival



Earthquakes are powerful events that bring damage and destruction to many places. Your task is to build an earthquake proof building which will help your population survive.



Department led activities

Year 7 Science: Paper Planes

You will learn about the history of flight and what makes a good paper aeroplane. Once you have folded and modified your plane, you will take it outside and see how far it will fly.



Year 8 Science: Egg Drop



The Egg Challenge is a classic engineering activity where you design a creative contraption to protect a raw egg from breaking during a drop. You will need to design and create a 'nest' for your egg! You will be given an egg and various materials to protect your egg whilst it is launched and floats back to Earth.



Department led activities

Year 9 Science: Brush Bots

You will learn about the science surrounding robotics and then make a 'Brush Bot' using a toothbrush, a motor and battery. Don't forget to add the googly eyes!



Year 10 Science: Forensics



This is a simple, experiment that reveals the genetic material hidden inside everyday fruit. Because strawberries have lots of DNA, it's easy to see once the cells are broken open. You will be able to complete the experiment and see the blueprint of life with your own eyes.



Department led activities

History: Design your Coat of Arms

Students will look at the how heraldry was used in the Medieval period, identifying the meanings of different symbols and colours. With this knowledge students will create their own family Coat of Arms, bringing their designs to life in their Expressive Arts session.



Expressive Arts:

Bring your Coat of Arms to life



You will use your research and planning from your History session to bring your family Coat of Arms to life!

Using a variety of materials, students will explore how colours, textures, and forms come together to build your design inspired by Medieval history. This bold, creative emblem tells your story through colour, pattern and symbolism.



Department led activities

Healthy Living: Interhouse World Cup

With the World Cup fast approaching in Summer 2026, students will have the opportunity to enter the 2026 Football Inter-house tournament! Teams will be made from mentor groups with all students invited to play in the team. There will be a group stage, semi final and the grand final to finish with an opportunity to lift silverware. Students not involved will be playing tennis or rounders on a rotation.



Spanish: Juegos en España



Can you play Pictionary using Spanish vocabulary?
Can you compete in classic Spanish board games such as La Oca or Parchís?
Can you complete a Spanish jigsaw challenge?
Can you keep up with the fast pace of the Spanish card game 'Burro'?
Come along to find out!



Charity Sponsored Walk

Following our successful fundraising campaign for Julia's House raising £1,298.50, we pleased to announce that our chosen Charity for Activities Week 2026 is Bournemouth Heart Club!

The Bournemouth Heart Club is one of only a few dedicated cardiovascular exercise facilities in the UK. Located within the grounds of the Royal Bournemouth Hospital it is ideally placed to provide residents of East Dorset and West Hampshire with a safe environment to recover and then maintain their health, following cardiac events and procedures. Bournemouth Heart Club exist to provide exercise classes and health advice for people at risk of coronary artery disease or who suffer from associated vascular conditions.



All students will again take part in the Sponsored Walk on Tuesday 7th July or Thursday 9th July. Students and staff will be walking over a mile along our TBOWA cross country trail. Please see below the date and time of each walk.

Tuesday 7th July

- Year 9: Period 1
- Year 10: Period 2

Thursday 9th July

- Year 7: Period 1
- Year 8: Period 2

In Pentecost term, all students will receive an ACW from Bournemouth Heart Club who will provide additional information about the charity as well as guidance for students to begin the fundraising process. Fundraising will commence on Monday 8th June. Each mentor group will receive a pringles collection pot tasked with filling this up with coins from family and friends across a four week period. Pots will be collected on Friday 3rd July.

When fundraising begins, please encourage your child to raise money for the charity and bring their donations to their mentor. All proceeds of the fundraising will be donated to Bournemouth Heart Club and there will be a reward for the mentor group from each Year that raise the most money on average.

Thank you in advance for your support in raising money for this incredible charity, Bournemouth Heart Club.



FAQs

What happens if my child is unable to attend the TBOWA activity day? If your child is unable to attend any activity due to illness or another reason, please inform the school as soon as possible.

Can my child participate in multiple activities? Yes, depending on their schedule, students may have the opportunity to take part in more than one activity throughout the day.

What if my child has specific medical needs? Please notify the school in advance of any medical requirements. We will ensure that the necessary accommodations are made so your child can participate safely and comfortably.

What do students wear during activities week? All students will be required to wear School Uniform on Monday. For the remainder of the week students will be required to wear TBOWA branded PE kit. PE shorts should be plain black and loose fitting. Students should wear appropriate trainers. Students attending the Year Group Trips will wear non-school uniform. Students are required to bring their TBOWA school bag throughout the week, including school lanyard and student card.

Do students need to bring anything specific? Depending on the activity, students may need to bring appropriate clothing, such as sportswear, comfortable shoes, sunscreen, or water bottles.

How can I contact the school during Activities Week? If you need to get in touch with the school during Activities Week, please use the usual contact methods, email or phone reception. A designated member of staff will be available for any urgent enquiries during the week.

Do I need to bring any cash/money? No, all activities will be paid for prior to the week and students will be expected to bring a packed lunch and snacks for all offsite activities. For Year Group Rewards Trips, students may wish to bring some money for refreshments.

Will I be allocated an activity that I have not chosen? Where possible, students will be allocated activities from their 10 selections. Please note we are subject to place availability and this may require students being allocated an alternative activity(s) not originally chosen to fill their 6 lessons.

Is there any chance my allocated activity may not run? In the unlikely event where we have to cancel an activity due to factors outside of our control, students allocated will be informed immediately and provided with an alternative activity.