

Field Events

LONG JUMP			SHOT PUTT		
Start	Age	Boys/Girls	Start	Age	Boys/Girl
09:00	7 (1 & 2)	Boys	09:00	7 (1 & 2)	Boys
09:30	7 (1 & 2)	Girls	09:30	7 (1 & 2)	Girls
10:00	8 (1 & 2)	Boys	10:00	8 (1 & 2)	Boys
10:30	8 (1 & 2)	Girls	10:30	8 (1 & 2)	Girls
Hour Break			Hour Break		
11:30	9 (1 & 2)	Boys	11:30	9 (1 & 2)	Boys
12:00	9 (1 & 2)	Girls	12:00	9 (1 & 2)	Girls
12:30	10 (1 & 2)	Boys	12:30	10 (1 & 2)	Boys
13:00	10 (1 & 2)	Girls	13:00	10 (1 & 2)	Girls
JAVELIN			DISCUS		
Start	Age	Boys/Girls	Start	Age	Boys/Girl
09:00	10 (1 & 2)	Boys	09:00	10 (1 & 2)	Boys
09:30	10 (1 & 2)	Girls	09:30	10 (1 & 2)	Girls
10:00	9 (1 & 2)	Boys	10:00	9 (1 & 2)	Boys
10:30	9 (1 & 2)	Girls	10:30	9 (1 & 2)	Girls
Hour Break			Hour Break		
11:30	8 (1 & 2)	Boys	11:30	8 (1 & 2)	Boys
12:00	8 (1 & 2)	Girls	12:00	8 (1 & 2)	Girls
12:30	7 (1 & 2)	Boys	12:30	7 (1 & 2)	Boys
13:00	7 (1 & 2)	Girls	13:00	7 (1 & 2)	Girls
HIGH JUMP			TRIPLE JUMP		
Start	Age	Boys/Girls	Start	Age	Boys/Girl
09:00	8 (1 & 2)	Boys	09:00	8 (1 & 2)	Boys
09:30	8 (1 & 2)	Girls	09:30	8 (1 & 2)	Girls
10:00	7 (1 & 2)	Boys	10:00	7 (1 & 2)	Boys
10:30	7 (1 & 2)	Girls	10:30	7 (1 & 2)	Girls
Hour Break			Hour Break		
11:30	10 (1 & 2)	Boys	11:30	10 (1 & 2)	Boys
12:00	10 (1 & 2)	Girls	12:00	10 (1 & 2)	Girls
12:30	9 (1 & 2)	Boys	12:30	9 (1 & 2)	Boys
13:00	9 (1 & 2)	Girls	13:00	9 (1 & 2)	Girls

Track Events

SPRINT HURDLES			1500m			RELAYS (8 x 50M)		
Start Time	Age Group	Boys/Girls	Start Time	Age Group	Boys/Girls			
09:00	7	Boys 1& 2	10:30	7/8	Boys 1&2	13:00	7 1	Mixed
09:05	7	Girls 1&2	10:40	7/8	Girls 1&2	13:00	7 2	Mixed
09:10	8	Boys 1&2	10:50	9/10	Boys 1& 2	13:05	8 1	Mixed
09:15	8	Girls 1& 2	11:00	9/10	Girls 1& 2	13:05	8 2	Mixed
09:20	9	Boys 1& 2	800m			13:10	9 1	Mixed
09:25	9	Girls 1& 2	Start Time	Age Group	Boys/Girls	13:10	9 2	Mixed
09:30	10	Boys 1& 2	11:10	7/8	Boys 1&2	13:15	10 1	Mixed
09:35	10	Girls 1& 2	11:15	7/8	Girls 1&2	13:15	10 2	Mixed
400M			11:20	9/10	Boys 1& 2	RELAYS (4 x 100m)		
09:40	7	Boys 1&2	11:25	9/10	Girls 1& 2	Start Time	Age Group	Boys/Girls
09:45	8	Boys 1& 2	200M			13:20	7	Boys 1
09:50	9	Boys 1& 2	11:30	7	Boys 1&2	13:20	7	Boys 2
09:55	10	Boys 1& 2	11:35	7	Girls 1&2	13:25	7	Girls 1
300M			11:40	8	Boys 1& 2	13:25	7	Girls 2
10:00	7	Girls 1&2	11:45	8	Girls 1& 2	13:30	8	Boys 1
10:05	8	Girls 1& 2	11:50	9	Boys 1& 2	13:30	8	Boys 2
10:10	9	Girls 1& 2	11:55	9	Girls 1& 2	13:35	8	Girls 1
10:15	10	Girls 1& 2	12:00	10	Boys 1& 2	13:35	8	Girls 2
			12:05	10	Girls 1& 2	13:40	9	Boys 1
			100m			13:40	9	Boys 2
			12:10	7	Boys 1&2	13:45	9	Girls 1
			12:15	7	Girls 1&2	13:45	9	Girls 2
			12:20	8	Boys 1&2	13:50	10	Girls 1
			12:25	8	Girls 1&2	13:50	10	Girls 2
			12:30	9	Boys 1& 2	13:55	10	Boys 1
			12:35	9	Girls 1& 2	13:55	10	Boys 2
			12:40	10	Boys 1& 2	14:00 Results		
			12:45	10	Girls 1& 2	14:00 Finish		