

The Bishop of Winchester Academy Sports Day 2026



I Came to Give Life — Life in all its Fullness

High Expectations — No Excuses



Sapere Aude

Hello and welcome to the Bishop of Winchester Sports Day at Kings Park Athletics Stadium!

We hope you enjoy the day competing against and cheering on your peers. You will be competing for your mentor group and your year group so best of luck!

Please remember this is a fun day and if your name has been added in the programme under an event you will be expected to take part. If you are injured and need a replacement then please inform your Mentor.

Moreover, please ensure you arrive to your event at least 5 minutes early to warm up and register. Also, listen to the speaker system for updates and key information about the events.

We look forward to seeing you all compete later today.

The PE team

Student registration and event procedure

Please make sure you look at the timings of each event. You need to arrive to your event at least 5 minutes before the start to register.

What to do if you are in two events at the same time?

- 1) Register at your field event first with the teacher official.
- 2) Complete your track event first
- 3) Return to your field event and complete your attempts and the official will record your score.
- 4) The top three finishers will each make their way to the podium immediately after their event for the medal ceremony.**



Event Timings of the day– Track

1500m FINALS			200m FINALS			RELAYS (4 x 100m)		
Start Time	Age Group	Boys/Girls						
09:00	7	Boys	11:30	7	Boys	12:15	7	Boys
09:00	8	Boys	11:30	7	Girls	12:15	7	Girls
09:15	7	Girls	11:35	8	Boys	12:25	8	Boys
09:15	8	Girls	11:35	8	Girls	12:25	8	Girls
09:30	9	Boys	11:40	9	Boys	12:35	9	Boys
09:30	10	Boys	11:40	9	Girls	12:35	9	Girls
09:45	9	Girls	11:45	10	Boys	12:45	10	Boys
09:45	10	Girls	11:45	10	Girls	12:45	10	Girls
800m FINALS			100m FINALS			12:55 – RESULTS		
10:00	7	Boys	11:50	7	Boys	13:00 – Finish		
10:00	8	Boys	11:50	7	Girls			
10:10	7	Girls	11:55	8	Boys			
10:10	8	Girls	11:55	8	Girls			
10:20	9	Boys	12:00	9	Boys			
10:20	10	Boys	12:00	9	Girls			
10:30	9	Girls	12:05	10	Boys			
10:30	10	Girls	12:05	10	Girls			
400m FINALS								
10:40	7	Boys						
10:45	8	Boys						
10:50	9	Boys						
10:55	10	Boys						
300m FINALS								
11:00	7	Girls						
11:05	8	Girls						
11:10	9	Girls						
11:15	10	Girls						



Event Timings of the day– Field

DISCUS		
Start Time	Age Group	Boys/Girls
09:00	10	Boys
09:30	10	Girls
10:00	9	Boys
10:30	9	Girls
30 minute break		
11:00	8	Boys
11:30	8	Girls
12:00	7	Boys
12:30	7	Girls

HIGH JUMP		
Start Time	Age Group	Boys/Girls
09:00	8	Boys
09:30	8	Girls
10:00	7	Boys
10:30	7	Girls
30 minute break		
11:00	10	Boys
11:30	10	Girls
12:00	9	Boys
12:30	9	Girls

JAVELIN		
Start Time	Age Group	Boys/Girls
09:00	10	Boys
09:30	10	Girls
10:00	9	Boys
10:30	9	Girls
30 minute break		
11:00	8	Boys
11:30	8	Girls
12:00	7	Boys
12:30	7	Girls

LONG JUMP		
Start Time	Age Group	Boys/Girls
09:00	7	Boys
09:30	7	Girls
10:00	8	Boys
10:30	8	Girls
30 minute break		
11:00	9	Boys
11:30	9	Girls
12:00	10	Boys
12:30	10	Girls

SHOT PUT		
Start Time	Age Group	Boys/Girls
09:00	7	Boys
09:30	7	Girls
10:00	8	Boys
10:30	8	Girls
30 minute break		
11:00	9	Boys
11:30	9	Girls
12:00	10	Boys
12:30	10	Girls

TRIPLE JUMP		
Start Time	Age Group	Boys/Girls
09:00	8	Boys
09:30	8	Girls
10:00	7	Boys
10:30	7	Girls
30 minute break		
11:00	10	Boys
11:30	10	Girls
12:00	9	Boys
12:30	9	Girls

Current Academy Records– Track

EVENT	YEAR/SEX	RECORD		YEAR
100m	Year 10 Boys	Isaac	11.69 seconds	2017
	Year 9 Boys	Jack	12.28 seconds	2023
	Year 8 Boys	Callum	12.44 seconds	2013
	Year 7 Boys	Joshua	12.90 seconds	2024
	Year 10 Girls	Sophie	13.18 seconds	2024
	Year 9 Girls	Rachel	13.15 seconds	2011
	Year 8 Girls	Isabella	12.99 seconds	2024
	Year 7 Girls	Evie	13.72 seconds	2024

200m	Year 10 Boys	Jack	24.70 seconds	2024
	Year 9 Boys	Jordan	25.00 seconds	2013
	Year 8 Boys	Ryan	24.53 seconds	2015
	Year 7 Boys	Joshua	27.05 seconds	2024
	Year 10 Girls	Jess	30.41 seconds	2025
	Year 9 Girls	Rachel	26.66 seconds	2011
	Year 8 Girls	Ruth	27.00 seconds	2013
	Year 7 Girls	Felicity	30.81 seconds	2024

300m	Year 10 Girls	Maisie	51.23 seconds	2024
	Year 9 Girls	Isabella	48.80 seconds	2025
	Year 8 Girls	Felicity	50.48 seconds	2025
	Year 7 Girls	Amy	46.21 seconds	2015

400m	Year 10 Boys	Leo	60 seconds	2023
	Year 9 Boys	Tyreece	60 seconds	2015
	Year 8 Boys	Josh	60 seconds	2025
	Year 7 Boys	Brandon	1 minute 6 seconds	2015

100m Hurdles	Year 10 Boys	Rudra	17.67 seconds	2024
	Year 9 Boys	Pietro	17.82 seconds	2024
	Year 8 Boys	Iyas	18.00 seconds	2024
	Year 7 Boys	Zac	19.19 seconds	2024
	Year 10 Girls	Chrissie	20.07 seconds	2024
	Year 9 Girls	Michaela	22.76 seconds	2024
	Year 8 Girls	Faridah	21.71 seconds	2024
	Year 7 Girls	Kadie	20.75 seconds	2024

Current Academy Records– Track

800m	Year 10 Boys	Pietro	2 minutes 19 seconds	2025
	Year 9 Boys	Harry	2 minutes 21 seconds	2025
	Year 8 Boys	Pietro	2 minutes 37 seconds	2023
	Year 7 Boys	Harry	2 minutes 36 seconds	2023
	Year 10 Girls	Jade	3 minutes 8 seconds	2017
	Year 9 Girls	Hannah	3 minutes 1 seconds	2023
	Year 8 Girls	Anya	2 minutes 51 seconds	2017
	Year 7 Girls	Kadie	3 minutes 2 seconds	2024

1500m	Year 10 Boys	Ilyas	5 minutes 5 seconds	2023
	Year 9 Boys	Pietro	5 minutes 1 seconds	2024
	Year 8 Boys	Josh	5 minutes 07 seconds	2025
	Year 7 Boys	Hayden	5 minutes 25 seconds	2025
	Year 10 Girls	Hannah	6 minutes 4 seconds	2024
	Year 9 Girls	Hannah	6 minutes 4 seconds	2023
	Year 8 Girls	Queenie	5 minutes 08 seconds	2025
	Year 7 Girls	Keeley	7 minutes 2 seconds	2017

Current Academy Records– Field Throws

DISCUS	Year 10 Boys	Joe	24m 0	2017
	Year 9 Boys	Ben	26m 50	2013
	Year 8 Boys	Joseph	20m 57	2015
	Year 7 Boys	Ben	22m 50	2011
	Year 10 Girls	Georgia	17m 20	2013
	Year 9 Girls	Ellie	18m 12	2025
	Year 8 Girls	Paris	18m 10	2011
	Year 7 Girls	Shelby	13m 45	2013
SHOT PUT	Year 10 Boys	Alec	10m 98	2015
	Year 9 Boys	Malachi	10m 65	2015
	Year 8 Boys	Bence	9m 40	2015
	Year 7 Boys	Isaac	8m 50	2023
	Year 10 Girls	Saffron	8m 68	2015
	Year 9 Girls	Cerys	8m 10	2015
	Year 8 Girls	Ellie	8m 00	2024
	Year 7 Girls	Darcie	6m 80	2023
JAVELIN	Year 10 Boys	Jack	27m 80	2024
	Year 9 Boys	Toby	32m 88	2011
	Year 8 Boys	Oliver	25m 30	2011
	Year 7 Boys	Ethan	20m 35	2015
	Year 10 Girls	Lois	20m 70	2025
	Year 9 Girls	Ellie	20m 70	2025
	Year 8 Girls	Belle	20m 80	2025
	Year 7 Girls	Bella	12m 20	2024

Current Academy Records– Field Jumps

LONG JUMP	Year 10 Boys	Pietro	5m	2025
	Year 9 Boys	Lotanna	4m 73	2025
	Year 8 Boys	Noah	4m 3	2025
	Year 7 Boys	James	1m 32	2015
	Year 10 Girls	Esther	1m 25	2015
	Year 9 Girls	Molly	1m 12	2017
	Year 8 Girls	Natalie	1m 35	2015
	Year 7 Girls	Molly	1m 10	2015

TRIPLE JUMP	Year 10 Boys	Tom	5m 25	2013
	Year 9 Boys	Taylor	5m 0	2017
	Year 8 Boys	Declan	4m 50	2013
	Year 7 Boys	Robin	4m 44	2013
	Year 10 Girls	Sophie	4m 35	2024
	Year 9 Girls	Rachel	4m 33	2011
	Year 8 Girls	Sophia	4m 20	2024
	Year 7 Girls	Mia	3m 86	2013

HIGH JUMP	Year 10 Boys	Joe	1m 47	2025
	Year 9 Boys			
	Year 8 Boys	Charlie	1m 25	2025
	Year 7 Boys	Riley	1m 20	2025
	Year 10 Girls			
	Year 9 Girls			
	Year 8 Girls	Naomi	1m 13	2025
	Year 7 Girls			

