

Track Events

SPRINT HURDLES			1500m			RELAYS (8 x 50M)		
Start Time	Age Group	Boys/Girls	Start Time	Age Group	Boys/Girls	Start Time	Age Group	Boys/Girls
08:45	7	Boys 1& 2	09:45	7/8/9/10	Girls	12:00	7 1	Mixed
08:45	7	Girls 1&2	09:55	7/8/9/10	Boys	12:00	7 2	Mixed
08:50	8	Boys 1&2	800m			12:05	8 1	Mixed
08:50	8	Girls 1& 2	Start Time	Age Group	Boys/Girls	12:05	8 2	Mixed
08:55	9	Boys 1& 2	10:05	7/8/9/10	Girls	12:10	9 1	Mixed
08:55	9	Girls 1& 2	10:15	7/8	Boys	12:10	9 2	Mixed
09:00	10	Boys 1& 2	10:25	9/10	Boys	12:15	10 1	Mixed
09:00	10	Girls 1& 2	200M			12:15	10 2	Mixed
400M			10:35	7	Boys 1&2	RELAYS (4 x 100m)		
09:05	7	Boys 1&2	10:40	7	Girls 1&2	Start Time	Age Group	Boys/Girls
09:10	8	Boys 1& 2	10:45	8	Boys 1& 2	12:20	7	Boys 1
09:15	9	Boys 1& 2	10:55	8	Girls 1& 2	12:20	7	Boys 2
09:20	10	Boys 1& 2	11:00	9	Boys 1& 2	12:25	7	Girls 1
300M			11:05	9	Girls 1& 2	12:25	7	Girls 2
09:25	7	Girls 1&2	11:10	10	Boys 1& 2	12:30	8	Boys 1
09:30	8	Girls 1& 2	11:15	10	Girls 1& 2	12:30	8	Boys 2
09:35	9	Girls 1& 2	100m			12:35	8	Girls 1
09:40	10	Girls 1& 2	11:20	7	Boys 1&2	12:35	8	Girls 2
			11:25	7	Girls 1&2	12:40	9	Boys 1
			11:30	8	Boys 1&2	12:40	9	Boys 2
			11:35	8	Girls 1&2	12:45	9	Girls 1
			11:40	9	Boys 1& 2	12:45	9	Girls 2
			11:45	9	Girls 1& 2	12:50	10	Girls 1
			11:50	10	Boys 1& 2	12:50	10	Girls 2
			11:55	10	Girls 1& 2	12:55	10	Boys 1
						12:55	10	Boys 2
						13:00 Results		
						13:00 Finish		

Field Events

JAVELIN			DISCUS		
Start Time	Age	Boys/Girls	Start Time	Age	Boys/Girls
09:00	10 (1 & 2)	Boys	09:00	10 (1 & 2)	Boys
09:30	10 (1 & 2)	Girls	09:30	10 (1 & 2)	Girls
10:00	9 (1 & 2)	Boys	10:00	9 (1 & 2)	Boys
10:30	9 (1 & 2)	Girls	10:30	9 (1 & 2)	Girls
Break			Break		
11:00	8 (1 & 2)	Boys	11:00	8 (1 & 2)	Boys
11:30	8 (1 & 2)	Girls	11:30	8 (1 & 2)	Girls
12:00	7 (1 & 2)	Boys	12:00	7 (1 & 2)	Boys
12:30	7 (1 & 2)	Girls	12:30	7 (1 & 2)	Girls
Break			Break		
HIGH JUMP			TRIPLE JUMP		
Start Time	Age	Boys/Girls	Start Time	Age	Boys/Girls
09:00	8 (1 & 2)	Boys	09:00	8 (1 & 2)	Boys
09:30	8 (1 & 2)	Girls	09:30	8 (1 & 2)	Girls
10:00	7 (1 & 2)	Boys	10:00	7 (1 & 2)	Boys
10:30	7 (1 & 2)	Girls	10:30	7 (1 & 2)	Girls
Break			Break		
11:00	10 (1 & 2)	Boys	11:00	10 (1 & 2)	Boys
11:30	10 (1 & 2)	Girls	11:30	10 (1 & 2)	Girls
12:00	9 (1 & 2)	Boys	12:00	9 (1 & 2)	Boys
12:30	9 (1 & 2)	Girls	12:30	9 (1 & 2)	Girls

